INTERNATIONAL SYMPOSIUM

Complex Regional Pain Syndrome

*current state of art*

10-11 May 2012, Leiden

PRELIMINARY PROGRAMME AND CALL FOR ABSTRACTS
Program committee
Dr. Han Marinus, Dr. Roberto Perez, Prof.dr. Candy McCabe

Complex Regional Pain Syndrome
An international two-day conference on Complex Regional Pain Syndrome. The conference aims to provide an overview of the results that have been obtained from studies that have been performed within TREND, as well as present information on the latest results from studies that have been executed by internationally renowned CRPS researchers. This symposium is organized in collaboration with the CRPS UK Clinical and Research Network, Bath, U.K.

Background
Complex Regional Pain Syndrome (CRPS) is an intriguing condition that still is incompletely understood. Important progress however, has been made in the past ten years. Much of this information has been collected within TREND (Trauma RElated Neurological Dysfunction; www.trendconsortium.nl), a knowledge consortium funded by the Dutch government that aims to improve on knowledge of the pathophysiological mechanisms that underlie this syndrome with the ultimate goal to improve patient care. Researchers participating in TREND together have published over 100 papers on this topic in the past period. Important research has obviously also been performed by other researchers and some of the best-recognized of them will present their results and share their insights at this symposium. There is also ample room in the program for the various aspects of management of CRPS.

Target audience
The conference is intended for professionals who see patients with CRPS in their daily practice as well as for people with a scientific interest into this condition: anesthesiologists, rehabilitation physicians, occupational physicians, insurance doctors, psychologists, physiotherapists and occupational therapists.

Venue
The conference will be held at the Leiden University Medical Center, Albinusdreef 2 in Leiden. The city of Leiden is famous for its almshouses, university, museums and glorious history. The spirit of the Golden Age lives on here, a place where Rembrandt was born and inspired so many other influential painters. Leiden is a city of monuments, museums, ancient alleyways, canals and moats.

PRELIMINARY PROGRAM

Speakers that have agreed to participate so far:
- **Prof.dr. Candy McCabe**, Royal National Hospital for Rheumatic Diseases, Bath UK
- **Prof.dr. Lorimer Moseley**, University of South Australia, Adelaide, Neuroscience Research Australia, Sidney, Australia
- **Dr. Jenny Lewis**, Royal National Hospital for Rheumatic Diseases, Bath UK
- **Prof.dr. Frank Birklein**, University Medical Centre Mainz, Mainz, Germany
- **Dr. Christian Maihöfner**, University of Erlangen, Erlangen, Germany
- **Prof.dr. Bob van Hilten**, Leiden University Medical Center, Leiden, the Netherlands
- **Prof.dr. Frans van der Helm**, Delft University of Technology, Delft, the Netherlands
- **Dr. Han Marinus**, Leiden University Medical Center, Leiden, the Netherlands
- **Dr. Roberto Perez**, VU University Medical Center, Amsterdam, the Netherlands
- **Prof.dr. Maarten van Kleef**, Maastricht UMC, Maastricht, the Netherlands
- **Prof.dr. Frank Huygen**, Erasmus MC, Rotterdam, the Netherlands
## Preliminary Program

### Day 1    Thursday 10 May 2012

- **09.00** Welcome and registration
- **09.30** Introduction on CRPS and its heterogeneity
- **10.00** CRPS: Do genetic factors play a role?
- **10.20** CRPS and inflammation – mechanisms and treatment
- **10.50** CRPS and vasomotor dysfunction - mechanisms and treatment
- **11.20** Coffee break
- **11.50** CRPS in the picture; the role of thermography
- **12.20** CRPS and pain; mechanisms and treatment
- **12.45** Lunch and poster viewing
- **14.00** CRPS in the picture: the role of brain imaging studies
- **14.30** Body perception disturbances in CRPS
- **15.00** Pain and the brain
- **15.30** Tea break
- **16.00** Psychological aspects of CRPS
- **16.30** The patient’s perspective
- **17.00** Drinks and dinner in the historic city center of Leiden

Lectures last 20-25 minutes followed by 5-10 minutes of discussion

On the first day, attendees will be asked to submit questions for the panel discussion on next day

### Day 2    Friday 11 May 2012

- **09.00** Sensorimotor integration in CRPS
- **09.30** Moving differently in CRPS
- **10.00** Research in motion
- **10.30** Keep moving; but how?
- **11.00** Coffee break
- **11.30** Lessons learned on diagnostics in CRPS
- **12.00** Lessons learned from TREND trials and ‘beyond’
- **12.30** Lunch and poster viewing

### Split program with parallel sessions from 13.30-15.30

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<thead>
<tr>
<th>Parallel session I</th>
<th>Parallel session II</th>
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<tr>
<td><strong>14.00</strong> Pain management in CRPS</td>
<td>Manipulating sensory and motor interactions</td>
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<tr>
<td><strong>14.30</strong> How to diagnose CRPS?</td>
<td>Motor imagery program</td>
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<td><strong>15.00</strong> Invasive procedures in CRPS</td>
<td>Exposure treatment</td>
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<td><strong>15.30</strong> Animal studies in CRPS</td>
<td>Body perception disturbances</td>
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### Plenary, continued

- **16.00** Tea break
- **16.30** Forum discussion 'Everything you always wanted to know about CRPS'
- **17.00-17.30** Future perspectives
The symposium is financially supported by a contribution from the Royal Academy of Arts and Sciences.

and by a financial contribution from the Dutch Patient Society for CRPS

Information, registration and abstract submission

Website: http://www.trendconsortium.nl/home-en
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Abstract submission deadline: December 9th 2011
Invited abstract presenters are entitled to the student fee.

Registration fees
Early fee (until 31-03-2012) € 325,00
Late fee (from 01-04-2012) € 375,00
Student fee € 170,00